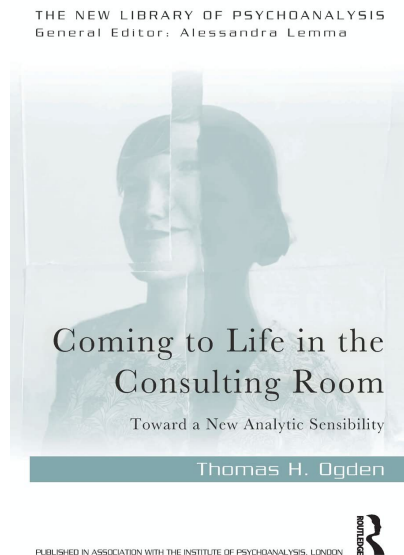


Odgen, T. H. (2022). *Coming to life in the consulting room: Toward a new analytic sensibility*. New York: Routledge.



Presentation by Publisher

This book, taken as a whole, describes a movement currently emergent in psychoanalysis toward a new and generative analytic sensibility – toward new qualities of receptivity and responsiveness to what is occurring in the analytic session. This sensibility facilitates states of mind in which patient and analyst more fully come to life in the analytic process. This new sensibility is reflected in the interplay of two inseparable dimensions of analytic thinking and practice. One of these dimensions, which I call *epistemological psychoanalysis* (having to do with knowing and understanding) was introduced and developed by Freud and Klein; the other, *ontological psychoanalysis* (having to do with being and becoming), was pioneered and elaborated by Winnicott and Bion (Introduction and Chapter 1). Winnicott and Bion's shifts of emphasis from the epistemological to the ontological represent a revolutionary change in psychoanalytic theory and practice. The goal of ontological psychoanalysis is that of facilitating the patient's *experience of creatively discovering for himself, of being and becoming more fully alive, more fully himself*.

Thomas H. Ogden, MD, is the author of 12 books of essays on the theory and practice of psychoanalysis, most recently *Reclaiming Unlived Life*; *Creative Readings: Essays on Seminal Analytic Works*; and *Rediscovering Psychoanalysis*. He was awarded the 2012 Sigourney Award for his contribution to psychoanalysis.